



Leadership Course

2 + 2 + 2 days

Themes of modules I-III

Contents of modules I-III

Trainer Pirkko Hurme

pirkko.hurme@perendie.fi

www.perendie.fi

Leadership Course: Themes of I-III Modules



1. About managers work, Principles of role theory, utilizing role theory and manager's Role-set®, Feedback and self-knowledge, Familiarizing oneself with manager feedback, Empathy, insight, understanding, Forms of intelligence, Emotional intelligence, flow, Motivation and influencing it
2. Communication, Manager centered and participating management style, Group management, Group maturity and intensity of management, Management of change and psychology of change situations
3. Management of change, appraisal as a means of managing, influencing and encouraging, Management in problem situations: own cases of participants with different methods in large and small groups. Consultation and active exercises depending on the case and case owner's wishes, Managing own resources and preventing burnout

Leadership Course I Module Program



1st Day

- Of management work, contents of modules, learning and guidelines
- Principles of role theory, utilizing role theory and manager's Role-set®
- Feedback and self-knowledge
- Empathy, insight, understanding

2nd Day

- Evaluation of what has been learnt and what learning is
- Forms of intelligence, emotional intelligence, flow
- Motivation and influencing it
- Intermediary evaluation, requests/wishes
- End of the phase/module

Leadership Course II Module Program



1st Day

- Overall picture of modules, evaluation of intermediary motivation exercise
- Individual work of motivation, conclusions and application to practise
- Communication
- Two styles of leadership: manager centered and participative

2nd Day

- Two different leadership styles, exercises
- How to apply what has been learnt - evaluation, revision of manager feedback
- Group management: structures of group
- Development of autonomy and how to manage it
- Change management: psychology of change
- Preliminary exercise for module III, evaluation of module II
- End of module

Leadership Course III Module Program



1st Day

- Overall picture of modules, managing change
- Appraisal as a means of managing, influencing and encouraging
- Management in problem situations: own cases of participants with different methods in big and small groups
- Consultation and active exercises depending on the case and case owner's wishes

2nd Day

- Orientating in the last course day
- Management in problem situations: own cases of participants with different methods in big and small groups
- Consultation and active exercises depending on the case and case owner's wishes
- Managing one's own resources and preventing burnout
- Course evaluation
- End of the course

Oy Perendie Ltd



The partner of a skilled manager

Pirkko Hurme
Oy Perendie Ltd
Malminkatu 24 C 37, 00100 Helsinki

tel +358 9 694 8870
mobile +358 40 5056900
fax +358 9 6855 0000
pirkko.hurme@perendie.fi
www.perendie.fi